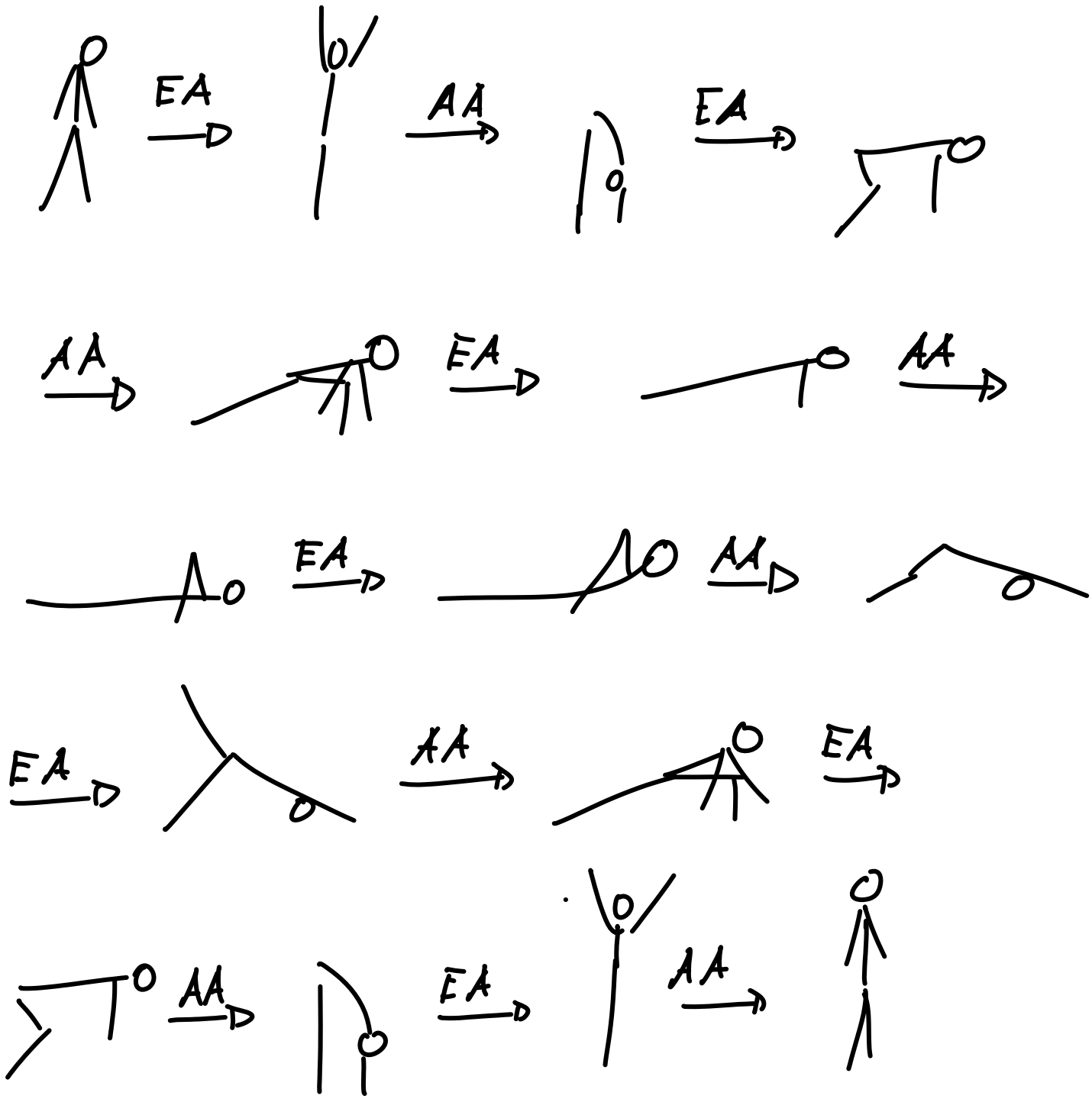
Übungsblatt 1

Anfängerkurs #1a
Element Raum

Sonnengruß (Alignment)



⟹ jede Seite 3–5x